Do you find yourself trying to figure out how you are going to keep busy after school and during the summer? We have the perfect thing for you! Become a Lifeguard for the San Ramon Olympic Pool or the Dougherty Valley Aquatic Center!

The City of San Ramon is offering lifeguard training classes this Spring. If you are interested in becoming a lifeguard, make sure to register now.

Lifeguard Training is an American Red Cross certification course. Upon successful completion you will be certified in Lifeguarding, First Aid, Oxygen Administration, CPR/AED for Lifeguards and Preventing Disease Transmission.

Ages 15+
(Must be 15 by the last day of class)
$200(R/Go)/$250(N)

Pre-requisite: You must be able to swim 300 yards non-stop, recover a 10 lb weight from 7 ft of water, and tread for two min. without hands.

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<thead>
<tr>
<th>DAY</th>
<th>DATES</th>
<th>TIMES</th>
<th>Act #</th>
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<tbody>
<tr>
<td>Mon, Wed</td>
<td>10/7-10/19</td>
<td>5:00 pm – 8:30 pm</td>
<td>85519</td>
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<tr>
<td>Sat</td>
<td>9:00 am – 5:00pm</td>
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How to Register

1. Online Registration at www.sanramonrecguide.com
2. Mail-In, Walk in or Drop-Off a registration form to 9900 Broadmoor Dr., San Ramon, CA 94583
3. Fax-In to 925-828-3427

For more information, please call the San Ramon Olympic Pool at 925-973-3240.