Dougherty Valley High School

Counseling Quarterly

October 4, 2013

All Students

Welcome back Wildcats! Welcome Class of 2017! Hope you are settling nicely into your classes. The last day to drop a course without it appearing on your transcript is October 8th. Please see your counselor if you have any questions.

This year we have two new additions to our counseling department. Angela Hulstrom is our student support counselor and will be here five days a week. Rajni Nijjer is our counseling intern and will be here 3 days a week. Both Angela and Rajni will be here to give our students additional support. Welcome to DVHS, Angela and Rajni!

1st quarter progress reports can be viewed on infinite campus parent portal. All parents should have access to their parent portal. If parents have not signed up for an Infinite Campus (IC) Parent Portal, they should contact Dina Sotelo (dsotelo@dvhigh.net) in the counseling office.

Students should regularly check their schoolloop account to monitor their homework and grades. Please take advantage of your ACCESS periods and see your teachers for a pass if you need help.

Students can drop in to see their counselor if they have questions during lunch, brunch, before school, or afterschool. Students can also sign up to see their counselor in the counseling office. Students will be sent a pass within 48 hours.

Below are the counseling assignments by student’s last names:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Liana Wong</th>
<th>Sarah Larson</th>
<th>Jessica Coulsen</th>
<th>Meagan Sellers</th>
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<tbody>
<tr>
<td>9th thru 11th 12th</td>
<td>A – Gol</td>
<td>Gom – Mc</td>
<td>Me – Rod &amp; ELD</td>
<td>Rog – Z</td>
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<td>Email</td>
<td><a href="mailto:lwong@dvhigh.net">lwong@dvhigh.net</a></td>
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Seniors

Counselors met with seniors in their English classes last month to go over the college application process, how to secure recommendation letters, and review naviance family connection. Each
A senior was also given a copy of his or her unofficial transcript. During the month of October, counselors will meet individually with each senior to answer specific questions about the college application process and make sure each senior is on track for graduation.

Every senior and parent should have his or her own unique login and password to Naviance Family Connection. If you do not have one, please email your counselor.

Senior parents were given a college presentation at the end of September. The link to the presentation can be found on the counseling website under parent resources or click the link below: [http://www.dvhigh.net/cms/page_view?d=x&piid=&vpid=1359017831424](http://www.dvhigh.net/cms/page_view?d=x&piid=&vpid=1359017831424)

Seniors should be finalizing their college list and updating their information on Naviance Family Connection. Pay attention to deadlines and apply early!

Seniors who need recommendation letters from their counselors need to fill out the counselor recommendation letter packet found on the counseling website or under Document Library in Family Connection. All forms must be completely filled out. Students with December and January deadlines should turn in their packet by October 31st. Students applying for Early Decision or Early Action should have already turned in their packets to their counselors.

Seniors should finish taking their college entrance exams (by December) and send their scores directly to their colleges. Please refer to [http://www.collegeboard.com](http://www.collegeboard.com) for the SAT and SAT II (subject tests) and [http://www.actstudent.org](http://www.actstudent.org) for the ACT.

Seniors applying to the California State University (CSU) system can begin their application now. Here’s the link: [https://secure.csumentor.edu/admissionapp/undergrad_apply.asp](https://secure.csumentor.edu/admissionapp/undergrad_apply.asp) The deadline to submit is November 30, 2013.

Seniors interested in applying to the University of California (UC) system can view the application now and submit between November 1st-November 30th. Begin drafting your personal statement. The link to the UC application is below: [http://admission.universityofcalifornia.edu/how-to-apply/apply-online/index.html](http://admission.universityofcalifornia.edu/how-to-apply/apply-online/index.html)

Counselors will be available and will hold open lab sessions to help students with their college applications. All open labs will be held in Room 4207.
- Monday, October 28th – after school
- Tuesday, November 5th – ACCESS period
- Wednesday, November 6th – ACCESS period
- Monday, November 19th – after school

Transcripts- Seniors who need official transcripts sent to their colleges need to order them through Naviance Family Connection. It is $2 per transcript. Students may order them through the webstore or print out a transcript fee page and pay their balance with Mrs. Thomas, our bookkeeper. Students will then bring their printed receipt to the counseling office.

SRVUSD is holding a college night on Tuesday, October 29th at California High School from 6:30-8:30 pm. Students can visit the College & Career Center website for more information.
There will be a financial aid night on Monday, **December 9th** at Dougherty Valley High School beginning at 7 pm. Students and parents should attend to find out about the FAFSA and the different kinds of loans and grants available.

**Juniors**

Junior year is a critical year for students, and students should begin thinking about where they would like to go for college. Attend college rep visits hosted by the College & Career Center and become familiar with what the College & Career Center offers. Students can sign up for college rep visits through Naviance Family Connection.

Juniors should continue to monitor their grades on schoolloop and see their teachers for help if they are struggling in any of their classes. Take advantage of the ACCESS periods.

The PSAT will be held on Saturday, October 19th at DVHS. Students should arrive no later than 8:45 am. Please remember to bring a photo ID, #2 pencils, and a calculator.

Students should continue to be involved in school and extracurricular activities and keep track of what they have done.

SRVUSD is holding a college night on Tuesday, **October 29th** at California High School from 6:30-8:30 pm. Students can visit the College & Career Center website for more information. There will be over 125 schools present.

**Sophomores**

Sophomores should continue to monitor their grades on school loop and take full advantage of the ACCESS period. The sophomore year will be more challenging than freshmen year, and students need to prioritize their academics with extracurricular activities.

The PSAT will be held on Saturday, October 19th at DVHS. Students should arrive no later than 8:45 am. Please remember to bring a photo ID, #2 pencils, and a calculator.

Students should familiarize themselves with the College & Career Center and begin signing up for college rep visits.

Sophomores should continue to find ways to get involved in school and extracurricular activities. Join sports, clubs, and other school activities at DVHS.

**Freshmen**

Welcome to DVHS! Hope you are adjusting well and settling into your classes! High school is different from middle school and we expect you to be your own advocate. Please don’t be afraid to make an appointment with your counselor if you have any questions. Take full advantage of the ACCESS period and get a pass from your teacher if you need help.

Freshmen should begin looking into sports, clubs, or other school activities that interests them. It’s never too early to get involved.
Please check school loop regularly and monitor grades. If you do not have a school loop account, please see your counselor.

Enjoy your freshmen year and work hard in high school. Remember your grades count for college!